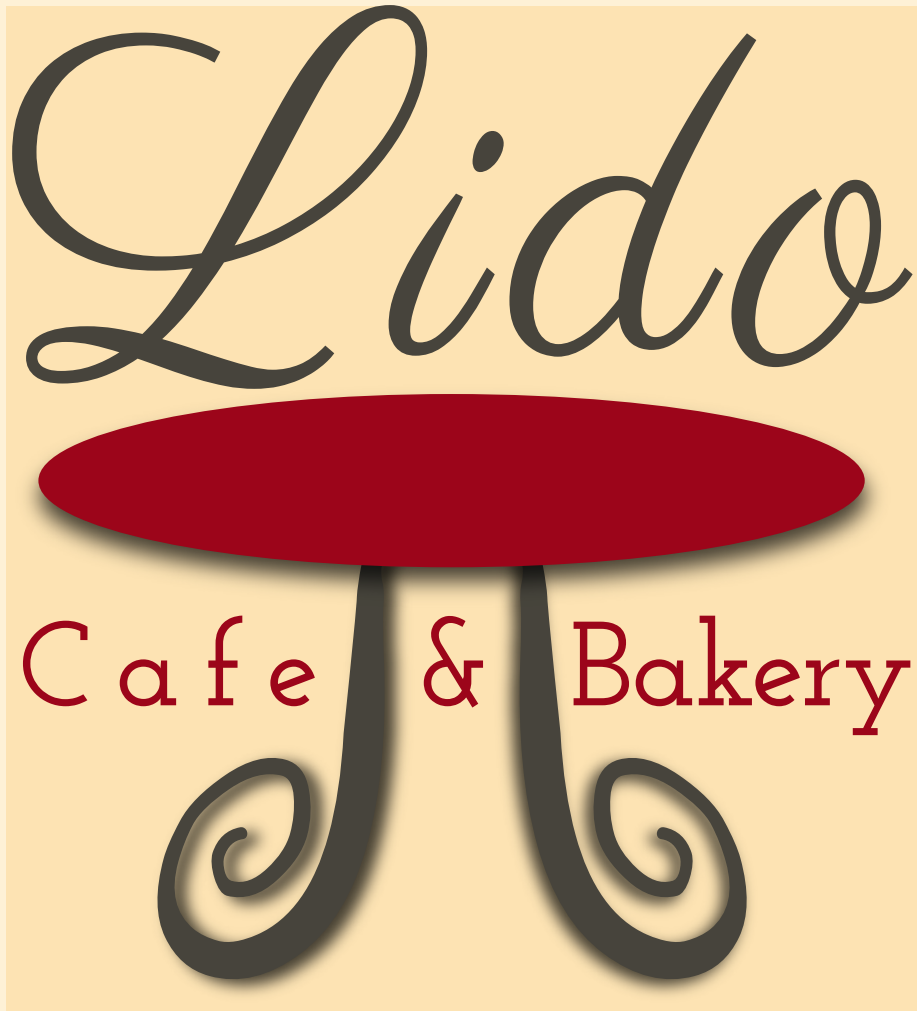


*“Best kept secret in Carmichael”*



***BREAKFAST  
& LUNCH***

# Breakfast

Served till 3:00 pm everyday

## OMELETS

Served with country potatoes and toast (sourdough, wheat, rye, or English muffin). Substitute biscuit & gravy for \$1.50 or biscuit or raisin bread 50¢ Gluten-free bread \$1.00

**California Corner Omelet** - Three eggs, ham, bacon, onions, mushrooms and cheese. \$9.25

**Mediterranean Frittata** - Three eggs, feta cheese, dill, kalamata olives and tomatoes. \$9.25

**Hot & Spicy Omelet** - Three eggs, ham, sauteed jalapenos, onions, peppers and cheese. \$9.25

**Miss Piggy Omelet** - Three eggs, bacon, and cheese of your choice. \$9.25

**Seafood Omelet** - Sauteed shrimp, onions, mushrooms with cheese, topped with hollandaise sauce. \$11.95

**Lido's Duet Omelet** - Two eggs, sauteed onions, ham, mushrooms and cheese. \$8.95

**Veggie Omelet** - Three eggs, sauteed onions, mushrooms, spinach, tomatoes, avocado and cheese. \$8.95

**Fitness Omelet** - Three egg whites, sauteed mushrooms, spinach, onions and peppers, served with sliced tomatoes (or fruit) and dry wheat toast. \$9.95

## THE CLASSICS

**Traditional Eggs Benedict** - Two poached eggs and ham on an English muffin, topped with hollandaise sauce, served with country potatoes and fresh fruit. Full Order \$12.95 1/2 Order \$8.95

**Florentine Eggs Benedict** - Two poached eggs, sauteed spinach, sliced tomato, avocado topped with hollandaise sauce, served with country potatoes. Full Order \$12.95 1/2 Order \$8.95

**Strawberry French Toast** - Strawberry cream cheese stuffed French toast, served with two eggs (any style) and two bacon or sausage. \$11.95

**Chicken Apple Sausage Omelet** - Three egg omelet with sauteed mushrooms, onions, chicken apple sausage and cheese, served with fresh fruit and wheat toast. \$11.95

**Chicken Fried Steak** - Breaded fried steak, served with our homemade country sausage gravy, two eggs (any style), and a buttermilk biscuit and potatoes. \$12.95

**Veggie Breakfast Burrito** - Sauteed onions, tomatoes, mushrooms, spinach, cheese, avocado and three eggs or egg whites, served with country potatoes or chips and salsa. \$8.95

**Big Daddy Steak Burrito** - Sauteed steak, onions, mushrooms, three eggs all wrapped in a chipotle tortilla, topped with a roasted red pepper aioli sauce, served with country potatoes. \$11.95

**Bagel and Lox** - Thinly sliced salmon, English cucumbers, tomatoes, cappers, red onions and a toasted bagel with cream cheese. \$12.95

## EGGS and more...

**Two Eggs** - with country potatoes, and toast. \$6.95

**Two Egg Combo** - with country potatoes, bacon, sausage or ham steak and toast. \$7.95

**Pork Chop and Eggs** - served with country potatoes and toast, topped with country gravy. \$8.95

**Hamburger Patty and Eggs** - with country potatoes and toast. \$8.95

**Linguica and Eggs** - with country potatoes and corn tortillas. \$8.95

**Chorizo and Eggs** - Scrambled, with country potatoes and two corn tortillas. \$7.95 (add cheese \$.50)

**Chorizo Breakfast Burrito** - Sauteed chorizo, three eggs, onions, and cheese, wrapped in a flour tortilla, served with country potatoes and fresh salsa. \$8.95

**Breakfast Burrito** - Sauteed ham, onions, mushrooms, eggs and cheese, wrapped in a flour tortilla served with country potatoes and salsa. \$8.95

**Lido's Early Bird Sandwich** - Grilled sourdough bread, fried egg, ham and cheddar cheese, mayo and tomatoes, served with chip and salsa or country potatoes. \$8.50

**Veggie Early Bird Sandwich** (★ *Shawna's Breakfast favorite*) - Egg whites, jalapenos, Swiss cheese, lite mayo, with tomato, avocado, and spinach on a wheat thin muffin (upon request grilled sourdough, wheat or rye bread), served with fruit or chips and salsa. \$7.95

**The Lido Shuffle** - Sauteed ground sirloin, fresh spinach, sauteed mushrooms, garlic, onions, with three eggs scrambled easy or medium, served with country potatoes and toast. (Cheese optional \$.50) \$9.95

**Steak and Eggs** - New York steak with two eggs, country potatoes and toast. (add biscuit and gravy \$1.50). \$12.95

## PANCAKES and more...

**3 Buttermilk Pancakes** \$4.50

**3 Blueberry Pancakes** \$5.50

**3 Chocolate Chip Pancakes** \$5.50

**3 Sweet Potato Pancakes** \$5.50

**Belgian Waffle** (whole grain) - Served with whole made whip cream and butter. \$5.95

**1 x 1 x 1** - Choice of pancakes or French toast, served with 1 egg, and 1 bacon or 1 sausage. \$6.95 (with Belgian waffle add \$1.00)

**2 x 2 x 2** - Choice of 2 pancakes or 2 French toast, served with 2 eggs (any style), and 2 bacon or 2 sausage. \$8.95 (with chicken apple sauce add \$1.00) (with Belgian waffle add \$1.00)

## BREAKFAST SIDES

TAKE HOME

House made Salad Dressing

To Go or Lido's salsa

8oz \$3.25 16oz \$6.00

One egg - \$1.50

Country Potatoes - \$2.75

Cup of Fresh Fruit - \$2.95

Bowl of Fresh Fruit - \$3.95

Jalapenos - \$.75

Bagel and Cream

Cheese - \$2.95

Toast, Biscuit or

Tortillas (2) - \$1.75

Avocado - \$.75

Sour Cream - \$.75

One Pancake - \$1.75

One Chocolate Pancake - \$1.75

One Blueberry Pancake - \$1.95

One Sweet Potato Pancake - \$1.95

French Toast

(One Slice) - \$1.75

Creamy Hot Oatmeal

served with raisins,

brown sugar and

lowfat milk. - Full \$4.95

1/2 Order \$3.95

Side of Chicken Apple Sausage - \$2.75

Three Slices of Bacon or Two Sausages - \$2.75

Ranch Dipping Sauce - \$.50

BBQ Sauce - \$.50

Peanut Butter - \$.50

# Lunch

## SALADS & SOUPS

Add \$2.00 for grilled chicken, tuna, turkey burger or hamburger patty.

Dressing Choices:

Ranch, Italian, Honey Dijon, Thousand Island, Balsamic, or Bleu Cheese dressing.

Bleu Cheese Crumbles - add \$.75

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### Garden Salad

Mixed greens, tomatoes, red onion, garbonzo beans, kidney beans, Lido's homemade croutons and parmesan cheese.  
small \$6.95 large \$8.95  
side salad \$3.75

### Caesar Salad

Romaine lettuce, Lido's croutons, parmesan cheese and our Caesar dressing.  
small \$6.95 large \$8.95

### Spinach Salad

Fresh spinach, red onions, fresh strawberries, parmesan cheese, Lido's croutons, English cucumbers, tomatoes and bacon dressing house made on the side.  
small \$7.95 large \$9.95

### Chinese Chicken Salad

Nappa cabbage, tomatoes, red onions, peanuts, mandarin oranges, Asian noodles, parmesan cheese and grilled chicken, with our Chinese dressing on the side.  
small \$7.95 large \$9.95

### Cobb Salad

Mixed greens, tomatoes, bacon, grilled chicken, hard boiled egg, avocado, bleu cheese crumbles with choice of dressing.  
small \$8.25 large \$10.25

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### Soup of the Day

cup \$3.50 bowl \$4.95

### Chili

with cheese & onions  
cup \$3.75 bowl \$5.75

## COLD SANDWICHES

Served with our house made salsa and chips;  
Choice of breads: wheat, rye, sourdough or French roll, (gluten free bread add \$1.00);  
Cheese options: cheddar, provolone, Swiss or pepper jack. (add side of French fries \$1.50 extra)

**Turkey Breast** - Mayo, lettuce, tomatoes, red onion, cheese. \$6.95

**Roast Beef** - Mayo, lettuce, tomato, red onion and cheese. \$6.95

**B.L.T.** - Bacon, lettuce, tomato and mayo on toasted bread of your choice. \$6.95

**Veggie Sandwich** - Bread of your choice, mayo, cream cheese, avocado, mushrooms, tomato and onions. \$6.95

**Turkey, Bacon and Avocado** - Sliced turkey breast, crispy bacon, lettuce, tomato, avocado, and mayo on toasted bread. (Toasted bread optional upon request) \$7.95

**Turkey Wrap** - Sliced turkey, bacon, mayo, lettuce, tomato, ranch dressing wrapped in a spinach tortilla. \$7.95

**Tuna** - Albacore tuna, mayo, lettuce, tomato, red onion and cheese. \$7.25

**Egg Salad Sandwich** - On grilled wheat or sourdough with tomatoes and lettuce. (add bacon \$.75) \$7.25

## GRILLED SANDWICHES

All sandwiches served with house made chips and salsa. (add a side of French fries \$1.50 extra) (gluten free bread add \$1.00)

**Domino** - Grilled turkey, sauteed mushrooms, Swiss cheese, mayo, tomatoes, lettuce and onions on grilled sourdough. \$7.95

**Grilled Chicken** - Grilled chicken, mayo, lettuce, tomato, onion on grilled sourdough and cheese of your choice. \$7.95

**Supreme Chicken Club** - Grilled chicken breast, with bacon, grilled mushrooms, onions and jalapenos, mayo, lettuce, tomato with choice of cheese on grilled French roll. \$8.25

**Grilled Cheese** - Provolone and cheddar on grilled sourdough or wheat bread. \$7.50

**Spinach Tortilla** - Grilled chicken breast, sauteed mushrooms, onions, mayo, lettuce, tomato, provolone cheese on a grilled tortilla. (Burrito wrapped upon request.) \$8.95

**Tuna Melt** - Albacore tuna, mayo, tomato, lettuce, onion on grilled bread and choice of cheese. \$7.95

**Tuna on a Flour Tortilla** - Albacore tuna, mayo, tomato, lettuce, onion and choice of cheese. (gluten-free tortilla \$1.00 extra) \$7.95

**Hot BBQ** - Roast beef with barbecue sauce on a grilled French roll. \$7.95

**French Dip** - Roast beef thinly sliced on a grilled French roll with Au-jus. \$7.95 add cheese \$1.00

**Reuben** - Grilled pastrami, sauerkraut, thousand island dressing and Swiss cheese on grilled rye bread. \$7.95

**Marty Christo** - Grilled ham, turkey, Swiss cheese, thin layer of strawberry jam on egg dipped Texas style toast grilled, then dusted with powdered sugar. 7.95

# Lunch

## LIDO BURGERS AND MORE

All burgers served with chips and Lido's salsa.  
(add side of French fries \$1.50 extra)

**Lido Burger** - 1/3 lb. ground sirloin, mayo, tomatoes, onions, lettuce on a grilled bun. \$7.00

**Cheese Burger** - 1/3 lb. ground sirloin, melted cheese (cheddar, Swiss, provolone, or pepper jack), mayo, tomato, onion, lettuce, on a grilled bun. \$7.50

**Chili Cheese Burger** - 1/3 lb. ground sirloin, chili, cheese and onions. \$7.95

**Fair Oaks Burger** - 1/3 lb. ground sirloin, crispy bacon, sauteed mushrooms, pepper jack cheese, avocado, mayo, lettuce, tomato, on a grilled hamburger bun (thin wheat bun or regular). \$7.50

**Pappa D. Burger** - 1/3 lb. ground sirloin, sauteed mushrooms, jalapenos, grilled onions, crispy bacon, and melted pepper jack cheese, with mayo, lettuce, tomato on a grilled bun. \$7.95

**Turkey Burger** - 1/4 lb. turkey burger, melted cheese, mayo, lettuce, tomato and onions, on a grilled bun. \$7.95

**Patty Melt** - 1/3 lb. ground sirloin, grilled onions on rye bread with melted Swiss cheese and mayo. \$7.50

**Garden Burger** - Veggie burger, melted cheese, mayo, lettuce, tomatoes, onions, on a grilled thin wheat bun or regular bun. \$6.75

**Shawna's Favorite Burger** - Grilled garden burger with jalapenos, mushrooms, Swiss cheese, mayo, lettuce and tomatoes, on a grilled thin wheat bun or regular. \$7.75

## SIDE ORDERS

**Large French Fries**  
\$3.00

**Side French Fries**  
\$1.50

**Sweet Potato French Fries**  
\$3.95

**Onion Rings**  
\$3.95

**F-Rings**  
1/2 French fries and  
1/2 onion rings  
\$3.95

**Garlic Fries**  
\$3.95

**Bleu Cheese Fries**  
\$3.95

**Chips & Salsa**  
house made - \$4.00

**Chili Cheese Fries**  
with onions - \$4.75  
add sour cream - \$.75

**Ranch Dressing** - \$.50

**BBQ Sauce** - \$.50

## LIDO DOGS AND MORE

Served with chips and Lido's salsa  
or add side of fries \$1.50 extra.

**Hot Dog** - 1/4 lb. beef dog, ketchup, mustard, onions, tomatoes, on a grilled bun. \$5.50

**Hot Link** - Grilled and topped with mustard, ketchup, onions, and tomatoes, on a grilled bun. \$6.25  
add sauerkraut \$.75

**Polish Dog** - Grilled Polish dog with ketchup, tomatoes, onions, mustard, on a grilled bun. \$6.25  
add sauerkraut \$.75

**Chili Dog** - 1/2 lb. grilled dog, served with chili, cheese and onions. \$6.95

**Italian Sausage** - on grilled French roll, topped with marinara sauce and provolone cheese. \$6.95

## DOGGIE MENU

All doggie meals  
come with a bowl  
of water.

**Grilled Chicken**  
\$2.00

**2 Scrambled Eggs**  
\$1.75

**1/4 Lb. Beef Patty**  
\$2.25

**Large Bone**  
\$1.00



# • BREAKFAST & LUNCH •

## HOT BEVERAGES

Featuring Boulevard Coffee -  
One size - \$2.50

**Cafe Latte**           single \$2.90  
(may request iced)   double \$3.20

**Unsweetened  
Almond Milk Latte**   single \$3.50  
                                  double \$4.25

**Cafe White Mocha**   single \$3.50  
(may request iced)   double \$4.25

**Cafe Mocha**           single \$3.00  
(may request iced)   double \$3.40

**Cappuccino**           single \$2.45  
                                  double \$3.00

**Espresso**             single \$1.45  
                                  double \$2.00

**Hot Chocolate**           \$2.75

## LIDO'S DRINKS

### COLD DRINKS

**Milk** - \$2.00

**Cold Chocolate Milk** - \$2.00

**Apple Juice** - \$2.00

**Orange Juice** - \$2.00

**Cranberry Juice** - \$2.00

**Grapefruit Juice** - \$2.00

**V-8 Juice** - \$2.00

### FOUNTAIN DRINKS

**Sodas** - Coke, Diet Coke,  
Root Beer, Dr. Pepper, Sprite,  
Soda Water or Lemonade - \$2.25

**Tea** - Iced Tea or Hot Tea

**Italian Sodas** - \$2.75

**Root Beer Float** - \$3.95

**Milk Shakes** - Vanilla, Banana,  
Strawberry, Chocolate Chip,  
or Espresso - \$3.95

**Smoothies** - Strawberry, Straw-  
berry-Banana, or Peach - \$3.95

**Lido Blast** - Ice milk chocolate,  
ice cream, espresso, blended and  
topped with whip cream - \$3.95



## BAR DRINKS

(Happy Hour Wed. – Fri. 2-5 pm)

### DRAFT BEER

16 oz, 32 oz or Pitcher

**Newcastle, Sierra Nevada,  
Coors Light, Blue Moon,  
Black Butte Porter**

### BOTTLED BEER

MGD, Heineken, Bud Light,  
Budweiser, Stella, Corona,  
St. Pauli Girl, Amber O'Douls

### MARGARITAS

	<u>GLASS</u>
Regular	\$7.50
Top Shelf	\$9.50

### COCKTAILS

	<u>GLASS</u>
Well Drinks	\$6.00
Premium Well Drinks	\$7.00
Top Shelf	\$9.00

### WHITE WINES

	<u>GLASS</u>	<u>BOTTLE</u>
House Chardonnay	\$6.00	\$22.00
Toasted Head	\$7.50	\$28.00
La Creama	\$8.00	\$30.00
Sauvignon Blanc	\$8.00	\$30.00
Pinot Grigio	\$8.00	\$30.00

### RED WINES

Beringer – White Zinfandel	\$7.00	\$26.00
Zinfandel – 7 Deadly Zins	\$7.50	\$28.00
House Merlot	\$6.50	\$24.00
Pinot Noir	\$8.00	\$30.00
House Cabernet	\$6.50	\$26.00
Cabernet – (High end wine of the Week)	\$9.00	\$34.00
Port	\$7.50	

## SPECIALTY DRINKS

**Bloody Mary** - \$7.50  
extra shot - \$3.50

**Moscow Mule** - \$8.00

**Bloody Mary (Top Shelf)** - \$8.50  
extra shot - \$3.50

**Champaign** - \$4.25

**Mimosa** - \$4.75